

MILITARY & FAMILY READINESS CENTER

JOINT BASE SAN ANTONIO

FORT SAM HOUSTON ★ RANDOLPH ★ LACKLAND

COE

AUGUST-SEPTEMBER

CALENDAR OF EVENTS



SERVING OUR MILITARY • FAMILY • AND COMMUNITY

- Armed Forces Action Plan • Casualty Assistance • Deployment Readiness • Employment Assistance •
- Exceptional Family Members • Family Life • Financial Readiness • Information & Referral •
- Military & Family Life Counselors • Military Relief Societies • Professional Development •
- Relocation Readiness • Resiliency • Survivor Benefit Services • Team Building • Transition Assistance •
- Unit Family Readiness • Volunteer Opportunities • Work Life • Voting Assistance •

A 508 compliant digital version of this publication is
available at jbsa.mil



JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief

Air Force Families Forever

Armed Forces Action Plan

Casualty Assistance

Commander's Key Support Program

Deployment Readiness

Employment & Career Development

Exceptional Family Member Program

Financial Readiness

Heart Link

Hearts Apart

Information & Referral

Unit Family Readiness

Military & Family Life Counselors

Military Family Team Building

Personal & Work Life

Relocation Services

Resiliency Training

Survivor Benefit Plan

Transition Assistance Services

Volunteer Opportunities

Warriors in Transition

Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)

JBSA-Fort Sam Houston

(210) 221-2705

(LAK)

JBSA-Lackland

(210) 671-3722

(RND)

JBSA-Randolph

(210) 652-5321

All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoW civilian employees (APF and NAF), and DoW contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days

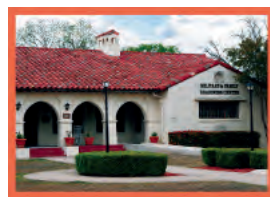


JBSA-Lackland

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days



JBSA-Randolph

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days

CALENDAR OF EVENTS AUGUST-SEPTEMBER

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

Relocation

3

Financial Readiness

5

Employment Readiness

7

Transition Assistance Program

9

Personal & Work Life

12

Exceptional Family Member Program
(EFMP)

13

Deployment & Voting

15

Volunteer

17

Commander's Key Support Program

18

Location Identifiers found left of Workshop listing:

FSH

LAK

RND

JBSA

Fort Sam Houston

Lackland

Randolph

Joint

All centers will be closed the following date:

September 7

in observance of Labor Day



This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

RELOCATION ASSISTANCE

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

Naturalization Ceremony

FSH
Aug. 26 & Sept. 23
1:30-2:30 p.m.

Newcomer's Orientation

FSH
Every Wednesday
8:30 a.m. to 12:30 p.m.
2nd & 4th Wednesday

LAK • Aug. 5, 19
Sept. 2, 16
8:30 a.m. to Noon

RND • Aug. 10
Sept. 21
8 a.m. to Noon

JBSA Pre-Arrival Orientation
(Held Virtually)

Plan My Move

JBSA • Aug. 25 & Sept. 22 • 8 a.m.

Contact your servicing M&FRC

Trails and Tales

FSH • Aug. 13
9 a.m. to Noon

New Unit Leadership Brief

Supplemental Sponsorship

LAK
Aug. 25 & Sept. 22
8:30-11:30 a.m.

FSH
Sept. 9
1-3 p.m. (Hybrid)

LAK
Aug. 13
10-11 a.m.

Naturalization Ceremony | Come witness Service Members take the Oath of Allegiance and become new United States citizens. No registration needed.

Newcomer's Orientation | Mandatory for all newly assigned JBSA military. Families welcome. To Register: FSH - Go through Joint Personnel Processing Center (JPPC), LAK - Contact CSS or CPO, RND - Contact Unit Personnel Office.

FSH Newcomer's • 2nd and 4th Wednesday of the month is held in-person. All other Wednesdays will be held virtually.

JBSA Pre-Arrival Orientation | Get a head start on your PCS. Learn about JBSA housing, child care, schools, healthcare, jobs, and more—before you arrive.

Plan My Move | Service members PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this Training

Trails & Tales | Explore the DoD's largest collection of historic buildings on a guided tour. Open to all DoD ID holders. Registration required.

New Unit Leadership Brief | This mandatory briefing meets AFI requirements and introduces key staff and support services at the Military & Family Readiness Center.

Supplemental Sponsorship Training | In accordance with AFI 36-3009, eSAT provides checklists, needs assessments, customizable letters, and local resource tips. Family members may also become sponsors. Registration required.



MILLION DOLLAR *Service Member*



Who wants to be a Millionaire? This two-day interactive Personal Wealth Building program is designed to provide Service Members and their families a more in-depth overview of various financial topics such as financial goal setting and implementation, Debt Reduction, Savings, Investing, Major Purchases, Insurance, Thrift Savings Plan, retirement planning, time-value of money and long-term wealth building.

- **BALANCED MONEY, BALANCED LIFE**
- **COME BUILD A HEAD START TO YOUR FINANCES**
- **AN INVESTMENT IN KNOWLEDGE PAYS THE INTEREST**
- **BUILD TOWARDS A BETTER FINANCIAL FUTURE**



TO REGISTER SCAN QR CODE OR CONTACT
210 221-2705 • 802FSS.FSYR.FINANCIALREADINESS@US.AF.MIL

SEPT. 15 & 16
7:45 AM-4 PM



FINANCIAL READINESS

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

First Duty Station Officer

FSH
Aug. 4 & Sept. 1
8-9:30 a.m.

LAK • Aug. 7
Sept. 11
8-11 a.m.

RND
Sept. 10
9-11 a.m.

Prepare Finances for PCS

Surviving the Holidays Financially

Money & Marriage

FSH
Aug. 11, 25 & Sept. 8, 22
2:30-3:30 p.m.

FSH
Aug. 21
9-10 a.m.

RND
Sept. 17
9-10:30 a.m.

Moving Out of the Dorms

Home Buying

FSH
Sept. 11
10 a.m. to 11:30 p.m.

LAK • Aug. 14
Sept. 18
8-10 a.m.

RND
Aug. 6
9-10:30 a.m.

Prepare Finances for Marriage

Bundles for Babies

FSH
Aug. 4 & Sept. 1
11:30 a.m. to 12:30 p.m.

LAK
Sept. 3
9 a.m. to Noon

RND
Aug. 21
9-11:30 a.m.

Prepare Finances for First Child

Prepare Finances for Deployment

Prepare Finances from Return from Deployment

FSH • Aug. 4
Sept. 1
10-11 a.m.

FSH • Aug. 13, 27
Sept. 10, 24
9-10 a.m.

FSH • Aug. 13, 27
Sept. 10, 24
11 a.m. to Noon

Prepare Finances for an Emergency

Million Dollar Service Member

FSH
Sept. 25
10-11 a.m.

FSH
Sept. 15-16
7:45 a.m. to 4 p.m.

Mandatory Financial Touchpoints • Call to schedule an appointment. Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.

First Duty Station Officer | Mandatory within 90 days for all non-prior enlisted officers at their first duty station. Covers pay, entitlements, insurance, credit, TSP, and more.

Prepare Finances for PCS | Get financially ready for your move by planning ahead, managing relocation expenses, and making the most of PCS-related benefits and resources

Surviving the Holidays Financially | Learn practical strategies to manage holiday expenses, avoid overspending, and prevent debt year round.

Money & Marriage | Learn how to build a joint budget, review credit, and plan finances as a couple; fulfills DoD Touchpoint.

Moving Out of the Dorms | Learn how to budget for moving out, including BAH, rental costs, and renter's insurance.

Home Buying | Explore the home buying process to make confident, informed decisions when purchasing a home.

Prepare Finances for Marriage | Learn how to build a joint budget, review credit, and plan finances as a couple; fulfills DoD Touchpoint.

Bundles for Babies | This training covers financial planning from conception to college. Supports active duty expecting parents, includes a gift card for Air Force Affiliated attendees and meets a DoD Financial touchpoint requirement.

Prepare Finances for First Child | Plan for your first child with help from financial readiness pros. Fulfills DoD Financial Touchpoint; complete within 6 months of DEERS update.

Prepare Finances for Deployment | Plan your finances before deployment to stay mission-focused and take advantage of deployment-related benefits.

Prepare Finances for Return from Deployment | Develop a solid financial plan for post-deployment tasks and long-term financial stability.

Prepare Finances for an Emergency | Be prepared for life's unexpected expenses. Learn how to build an emergency fund, create a financial safety plan, and strengthen your family's financial resilience.

Million Dollar Service Member | A two-day course covering financial goal setting, credit, debt, major purchases, and wealth-building for long-term financial readiness.

QUICK TIPS FOR SAVING MONEY

CREATE A BUDGET



EVALUATE SPENDING HABITS



EMERGENCY FUND



LIMIT DEBT



COMPARE PRICES



INVEST FOR THE FUTURE



MONITOR YOUR CREDIT



FOR MORE INFORMATION
CONTACT YOUR
M&FRC FINANCIAL TEAM

FOLLOW US

[Facebook.com/mfrcjbsa](https://www.facebook.com/mfrcjbsa)

HALLOWEEN HOWL DOWN

SAVE THE DATE:
OCTOBER 23
6-8 PM

ACTIVITIES FOR THE WHOLE FAMILY!

- TRUNK-OR-TREATING
- HAUNTED HOUSE
- CARNIVAL GAMES
- FOOD TRUCKS
- HAY RIDES
- AND MORE

JOIN US FOR A SPOOKTACULAR EVENT!



EMPLOYMENT READINESS

Employment Readiness Program helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

Employment Consultation

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

Mock Interview

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

ReLaunch with AI

Resumes that Work

Mock Interview Lab

FSH
Sept. 2
1-3 p.m.

FSH
Sept. 9
1-3 p.m.

FSH
Sept. 16
1-3 p.m.

LinkedIn 101

LinkedIn Optimized

Ready, Set, Resume

FSH
Aug. 26
1-3 p.m.

LAK • Aug. 25
1-3 p.m.

RND
Sept. 15
10 a.m. to Noon

Navigating Federal Hiring
System & Resume

Private Sector Resume

Salary Negotiation

LAK • Sept. 1
1-3:30 p.m.

LAK • Aug. 4
1-3 p.m.

RND • Sept. 1
10-11:30 a.m.

Employer
Connect

Acing the Interview

LAK • Sept. 17
10 a.m. to 1 p.m.

FSH • Aug. 19
1-3 p.m.

RND • Aug. 11
10 a.m. to Noon (Virtual)

USA Jobs & Federal Resume

FSH • Aug. 5
9-11 a.m. (Virtual)

RND • Aug. 25
10 a.m. to Noon (Virtual)

Employment Consultation/Resume Review • Call to Schedule an Appointment

Get personalized career advice and resume help through one-on-one consultations to support your job search and interview preparation.

Interview Prep/Mock Interview • Call to schedule an Appointment

Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

Relaunch with AI | Learn the federal résumé format and get essential tips to strengthen your application as you relaunch your career.

Resumes that Work | Your résumé is often your first impression with employers—learn how to turn your experience into a clear, compelling civilian résumé that highlights accomplishments and transferable skills. This interactive workshop will also cover formatting strategies and how to tailor your résumé to specific job opportunities so you can stand out in today's competitive job market.

Mock Interview Lab Powered by AI | Boost your confidence with expert tips on interview preparation, common questions, and best practices to leave a lasting impression on hiring managers.

LinkedIn Optimized | Learn how to create and strengthen your LinkedIn profile, grow your professional network, and use advanced tools and strategies to support your career and employment goals.

LinkedIn Optimized | Learn how to optimize your LinkedIn profile to highlight your strengths and professional brand, while exploring connection-building strategies and leveraging various resources for your career advancement.

Ready, Set, Resume | Learn the basics of creating a general resume from start to finish.

Navigating Federal Hiring System & Resume | Learn how to navigate USAJOBS, understand vacancy announcements, and tailor your federal resume.

Private Sector Resume | Build effective resumes, translate skills, and prepare for civilian and private-sector job searches.

Salary Negotiation | Learn strategies to research, pitch, and confidently negotiate your salary or raise.

Employer Connect | Focused Hiring Event. Meet Employers who have jobs in the Medical field who are hiring for positions during the event, (be prepared with your resume and for an interview the day of) as well as beyond the event

Acing the Interview | Learn how to prepare for interviews, make a lasting impression, and master different interview techniques with confidence.

USAJOBS/Federal Resume | Learn how to navigate USAJOBS, understand vacancy announcements, and tailor your federal resume.



JBSA MILITARY & FAMILY READINESS CENTER

JOB BANK

Looking for your next career move?

Scan our QR code to request access to our job bank or visit

<https://www.facebook.com/groups/196831363460105>

This job bank is filled with exciting opportunities and upcoming job fairs and events.



Contact the JBSA Employment Assistance Program for additional services and support :

Fort Sam Houston
(210) 221-2705

Lackland
(210) 671-3722

Randolph
(210) 652-5321

TRANSITION ASSISTANCE PROGRAM- FORT SAM HOUSTON

The Joint Transition Readiness Center at Fort Sam Houston offers TAP, a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 12 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition. To register for FSH-TAP call 210-916-7322 or 210-916-6089.

Initial Counseling

FSH
Monday-Friday
Call to Schedule

Pre-Separation Counseling

FSH • Aug. 5, 12, 19, 26
Sept. 2, 9, 16, 23, 30
8 AM to Noon

DoW Day

FSH • *Executive & Retiree*
Aug. 3, 24 & Sept. 14
8 a.m. to 4 p.m.

FSH • *Separation*
Aug. 17, 31 & Sept. 28
8 a.m. to 4 p.m.

VA Benefits & Services

FSH • *Executive & Retiree*
Aug. 4, 25 & Sept. 15
8 a.m. to 4 p.m.

FSH • *Separation*
Aug. 18 & Sept. 1, 29
8 a.m. to 4 p.m.

DoL Employment Fundamentals of Career Transition

FSH • *Executive & Retiree*
Aug. 5, 26 & Sept. 16
8 a.m. to 4 p.m.

FSH • *Separation*
Aug. 19 & Sept. 2, 30
8 a.m. to 4 p.m.

DoL Employment Track (2 -day Workshop)

FSH • *Executive & Retiree*
Aug. 6-7 & Sept. 17-18
8 a.m. to 4 p.m.

FSH • *Separation*
Aug. 20-21 & Sept. 3-4
8 a.m. to 4 p.m.

DoL Career & Credential Exploration Track (2-day Workshop)

FSH
Aug. 24-25 & Sept. 21-22
8 a.m. to 4 p.m.

Employer Day

FSH
Aug. 19 & Sept. 2
10 a.m. to 1 p.m.

From Hello to Hired

FSH
Aug. 13 & Sept. 10
1-3 p.m.

Benefits Delivery at Discharge Workshop & Claims

FSH
Aug. 13 & Sept. 11
9-11 a.m. & 1-3 p.m.

USAJobs Navigation

FSH
Aug. 27 & Sept. 10
8-10 a.m.

LinkedIn

FSH
Aug. 27 & Sept. 10
10 a.m. to Noon.

Vetpreneurship

FSH
Aug. 11
9-11 a.m.



Individualized Initial Counseling | Required one-on-one session to start the transition process, covering self-assessment, goal setting, and an Individual Transition Plan.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning Service Members and their Families.

DoW Day | A full-day session covering Managing Your Transition, MOC Crosswalk, and Financial Planning.

VA Benefits & Services | Covers VA benefits and services to support transitioning Service Members and their Families post-military.

DOL Employment Fundamentals of Career Transition | Introduces tools and resources for exploring civilian careers and understanding the employment process.

DOL Employment Workshop | Two-day workshop on resume building, job searching, and interview skills for civilian employment.

DOL Career & Credential Exploration | Two-day session exploring vocational careers, required skills, and credentialing programs.

Employer Day | Networking event with employers offering potential interviews and job opportunities on-site.

From Hello to Hired | Learn how to translate your unique experiences into powerful responses that resonate with civilian employers.

Benefits Delivery at Discharge (BDD) Workshop & Claims | Covers the BDD claims process and required documentation for transitioning Service Members.

Mock Interviews | Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

Vetpreneurship | Covers the essential elements of starting your own business with focus on foundational requirements.

USAJOBS Navigation & Federal Resume | Hands-on class on navigating USAJOBS and tailoring federal resumes to job announcements.

LinkedIn 101 | Workshop on creating a strong LinkedIn profile to support your job search.

DoW SkillBridge Career Skills Program | SkillBridge connects Service Members in their last 180 days of active duty with civilian apprenticeships, internships, and training in fields like healthcare, IT, and finance.

Effective 9 Jan 2026

Support for the DOW Skillbridge & Army Career Skills Program on JBSA has been returned to each Military Service, to help transitioning service members find their Service-specific general information, eligibility criteria, and application support. For more information you can visit <https://skillbridge.osd.mil/>.

TRANSITION ASSISTANCE PROGRAM- LACKLAND & RANDOLPH

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition.

Pre-Separation Counseling

LAK • Aug. 4
Sept. 1 & 22
9 a.m. to Noon

RND • Aug. 12, 26
Sept. 16, 23
12-3:30 p.m.

TAP DoW Transition Day

TAP Workshop (3-day)

LAK • Aug. 17, 24
Sept. 14 & 28
7:30 a.m. to 4 p.m.

RND • Aug. 3-5
Sept. 14-16
8 a.m. to 4 p.m.

DoL Employment Workshop (2- Day)

Vetreprenurship

LAK • Aug. 20-21, 27-28
Sept. 17-18
8 a.m. to 4 p.m.

RND
Aug. 6-7 & Sept. 17-18
8 a.m. to 4 p.m.

LAK
Sept. 24
9-11 a.m.

DoL Day 1

VA Benefits & Services

LAK • Aug. 19, 26
Sept. 16, 30
8 a.m. to 4 p.m.

LAK • Aug. 18, 25
Sept. 15 & 29
8 a.m. to 4 p.m.

Benefits Delivery at Discharge Workshop & Claims

SBA Boots to Business

LAK • Aug. 13
Sept. 24
1-2 p.m.

RND • Aug. 27
Sept. 24
8-9 a.m.

RND
Sept. 9-10
8 a.m. to 4 p.m.

Pre-Separation Counseling | Step two of TAP, providing required benefits and transition resources for service members and families.

TAP DoW Transition Day | Full-day session on transition planning, MOC Crosswalk, and financial planning.

TAP Workshop (3-Day) | Required 3-day workshop on transition, finances, and VA benefits led by DoL, VA, and M&FRC (Pre-Separation Counseling required).

DoL Employment Workshop (2-Day) | 2-day workshop on job search, resumes, and interview skills (TAP Workshop required).

Vetreprenurship | Fundamentals of starting a business and foundational requirements. VA Benefits & Services | One-day refresher on VA services, disability compensation, and GI Bill benefits (TAP Workshop required; also available at tapevents.mil/courses).

DoL Day 1 | Introduction to tools and resources for exploring civilian careers.

VA Benefits & Services | A one-day in-person course reviewing VA services, disability compensation, and GI Bill benefits, for those who want a refresher after the TAP Workshop (TAP Workshop required; also available at tapevents.mil/courses).

BDD Workshop & Claims | Overview of the BDD claims process, documents, and timelines.

SBA Entrepreneurship Workshop (Boots to Business) | 2-day in-person course on business ownership, business planning, and SBA resources (DoD Transition Day required; register at sbavets.force.com).



PERSONAL & WORK LIFE

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

Car Seat 101
 FSH • Aug. 4
 Sept. 1
 9-10:30 a.m.

Survivor Benefit Plan Group Briefing

LAK By Appointment Only	RND • Aug. 13 & Sept. 10 9-10:30 a.m. Virtual
----------------------------	---



Car Seat 101 | Learn about car seat types and basic installation tips to keep your child safe.



Survivor Benefits Group | The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel.



Texas WIC | The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist at the Fort Sam Houston M&FRC every 1st Tuesday and 3rd Wednesday from 7:30 a.m. to 4 p.m. to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons. Call (210) 704-4180 to schedule an appointment. WIC is an equal opportunity program.



CANCER AWARENESS WALK/RUN

November 14
 9-11:30 AM



Step up for a cause that matters! Bring your energy as we walk, run, and spend time together to raise awareness and support for those affected by cancer. Whether you're a runner, walker or here for great company, your presence makes a difference. Units, teams and family all are encouraged to attend!

Registration Required

Held at the JBSA-Fort Sam Houston Military & Family Readiness Center
 3060 Stanley Rd. Bldg 2797
 & the Parade Field Track



FOR MORE INFORMATION OR TO REGISTER
 SCAN QR CODE OR CONTACT US :

REGISTER NOW

(210) 221-2705

802FSS.FSYR.EFMP-FS@US.AF.MIL

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information.

EFMP Lunch & Learn

FSH • Aug. 19 & Sept. 16
11:30 a.m. to 1 p.m. (Virtual)

LAK • Aug. 27 & Sept. 24
11:30 a.m. to 12:30 p.m.

RND • Aug. 13
11 a.m. to Noon

EFMP Orientation

Strike Out Challenges

RND
Aug. 10 & Sept. 21 • 11 a.m. to Noon

FSH
Aug. 7 & Sept. 4 • 5-7 p.m.

Adaptive Sports Sampler

Is a Service Animal Right for You?

End of Summer Splash

FSH • Aug. 22
9-11 a.m.

LAK • Sept. 10
9:30-10:30 a.m.

LAK • Aug. 7
10 a.m. to Noon

What does it Mean to Me?

Sensory Friendly Storytime

EFMP Fall Jamboree

FSH • Aug. 12
Sept. 9
11:30 a.m. to 1 p.m.

LAK
Aug. 28 & Sept. 25
9:30-10:30 a.m.

RND
Sept. 26
11 a.m. to 2 p.m.

EFMP Lunch & Learn | Join us in sharing helpful resources, overcome challenges and discuss different topics related to your Exceptional Family Member. For more information contact your hosting M&FRC.

EFMP Orientation | Learn who qualifies for EFMP, how to enroll, and how the program supports families through services like respite care, TRICARE, and education resources.

Strike Out Challenge | Join us the first Friday of each month for free bowling and shoe rental for EFMP & Hearts Apart Families at the Fort Sam Houston Bowling Center.

Adaptive Sports Sampler | Military-connected children with special needs (ages 18 months–21 years) are invited to enjoy a FREE morning of inclusive sports, fun, and interactive activities in a welcoming environment. Held at Ed Parker Youth Center Outdoor Facilities | Fort Sam Houston

Is a Service Animal Right for you? | A-Z service dog consulting will share how service dogs can support those with disabilities and participants will receive a plush hound dog—open to all EFMP families.

End of Summer Splash | Make a splash at our End-of-Summer celebration with slip 'n slides, bounce houses, and free snow cones! Open to all DoD ID card holders—don't forget your swimsuit as we say goodbye to summer and gear up for the school year!

What does it mean to me? | Learn how the EFMP supports families by exploring who qualifies as an Exceptional Family Member and how the program's three pillars work together. Topics include the assignment process, TRICARE ECHO, Respite Care, and other resources for you and your family.

Sensory Friendly Storytime | An engaging, sensory-tailored program featuring hands-on crafts, music, movement, and interactive fun in a safe, supportive space for families to connect. Perfect for all ages and a wonderful addition to your homeschooling routine or daytime enrichment.

EFMP Fall Jamboree | Get ready for a day of fun food music games and more at our September Jamboree Fall Picnic Bash. An exciting event exclusively for EFMP, Hearts Apart, and AFFF Families, with no registration required.



JOINT BASE SAN ANTONIO-LACKLAND
MILITARY & FAMILY READINESS CENTER



end of SUMMER SPLASH

LACKLAND M&FRC OVERHANG • 1550 WURTSMITH ST

AUGUST 7

10 AM to NOON

Register by August 5 • 802fss.fsfr.1@us.af.mil
or call 210-671-3722 or 210-671-3723

Get ready for thrilling slip n slide adventure, bounce houses, face painting, balloon art, and free snow cones that will make your day shine. Join us as we celebrate with water activities and community partners. It's the perfect get-together before heading back to school! **Don't forget to wear your swimsuit and bring a towel** as we say goodbye to summer and get ready for a new school year!



DEPLOYMENT READINESS PROGRAM & VOTING

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

The Federal Voting Assistance Program (FVAP) provides information and guidance to active duty service members, their families, and all eligible voters with information and guidance on the voting process by contributing to a better understanding of voter rights and absentee voting. For more information, e-mail the corresponding locations at vote.fortsam@us.af.mil; vote.lackland@us.af.mil; vote.randolph@us.af.mil

Pre-Deployment Briefing

Post Deployment Briefing

FSH • Aug. 13, 27
Sept. 10, 24
8-10 a.m.

FSH • Aug. 13, 27
Sept. 10, 24
10 a.m. to Noon

Pre-Deployment Briefing

Post Deployment Briefing

LAK • Tuesdays & Wednesdays
9-10 a.m.

LAK • Tuesdays & Wednesdays
1-2 p.m.

Pre-Deployment Briefing

Post Deployment Briefing

RND • Tuesdays & Thursdays
9-10 a.m.

RND • Tuesdays & Thursdays
1-2 p.m.

R.E.A.L SFRG Fund Custodian

R.E.A.L CARE Team Training

R.E.A.L Command Team Training

FSH • Sept. 17
9-11 a.m.

FSH • Aug. 6
9-11 a.m.

FSH • Aug. 20
9-11 a.m.

R.E.A.L SFRG CFRR Training

UVAO Training

FSH • Sept. 3
9-11 a.m.

RND • Aug. 4
11:30 a.m. to 1 p.m.

Pre-Deployment Briefing | Required in-person briefing for service members deploying, going TDY over 30 days, or on remote assignment; covers deployment prep and financial management, fulfilling a DoD Financial Touchpoint.

Post-Deployment Reunion & Reintegration | Required in-person training for returning service members covering reintegration, finances, and stress management; spouses encouraged, fulfills a DoD Financial Touchpoint.

R.E.A.L. SFRG Fund Custodian | Review regulations for managing informal funds and fund raising. Tips and techniques for executing the role as well as practical exercises and local installation legal Q&A session.

R.E.A.L. CARE Team | Equips SFRG volunteers with the critical skills needed to support unit families during periods of crisis, injury, or loss.

R.E.A.L. Command Team Training | In-person training for Commanders and First Sergeants on SFRG operations, roles, funding, volunteer management, and recruiting.

R.E.A.L. SFRG CFRR Training | Soldiers appointed as CFRRs receive essential information to support the operational, logistical, and administrative functions of the SFRG.

UVAO Training | The 802nd FSS JBSA M&FRC in collaboration with the FVAP will conduct a congressionally mandated voting assistance officer training workshop for VAO's, and those providing assistance.



COMMUNITY PREPAREDNESS & RESOURCES (CP&R) EVENT



IN SUPPORT OF EMERGENCY PREPAREDNESS MONTH

A combined event bringing together emergency preparedness training and community resources all in one place.

**BE READY.
BE INFORMED.
BE CONNECTED.**

8 AREAS OF INTEREST & SKILLS DEVELOPMENT



EMERGENCY FAMILY
ASSISTANCE CENTER
(EFAC) OVERVIEW



EMERGENCY KIT
PREPARATION
(GAME)



CPR
(ADULT & CHILD)
DEMO



FIRE EXTINGUISHER
DEMO



ACTIVE SHOOTER
AWARENESS



PUBLIC HEALTH
RESOURCES



BEHAVIORAL
HEALTH SUPPORT



CAR SEAT &
CHILD SAFETY



BLOOD DRIVE ON SITE
COORDINATED BY EFMP

RESOURCE TABLES

FROM ON & OFF BASE ORGANIZATIONS



FAIR-STYLE EVENT – ROTATE AT YOUR OWN PACE!

VISIT PRESENTATIONS, DEMOS, AND RESOURCE TABLES THROUGHOUT THE EVENT.



DATE & TIME

13 AUG 2026
10 AM TO 1 PM



LOCATION

Military and Family Readiness Center (M&FRC)
3060 Stanley Road, Bldg. 2797, Ft. Sam Houston



**PARTICIPANTS AND FAMILIES
PLANNING TO ATTEND THE EVENT
PLEASE
SCAN QR CODE TO REGISTER**



VOLUNTEER PROGRAM

Volunteers support the military and community in roles like coaches, office assistants, Key Spouses, Ombudsmen, SFRG leaders, and more. Volunteer Services connects individuals with meaningful opportunities—call for details.

The AFAP (Army Family Action Plan) is your voice to Military leadership. Share quality-of-life concerns, ideas, and feedback to help improve the Military community. Open to Soldiers, Civilians, retirees, survivors, and Family members.

Volunteer 101 & OPOC Training (Virtual)

FSH
Aug. 17 & Sept. 21
10-11 a.m.

Volunteer 101 | Get hands-on training with VMIS to search for, track, and log volunteer opportunities and hours. Learn how to manage volunteers using the Volunteer Management Information System (VMIS) as an Organizational Point of Contact

How to become a Volunteer



The Volunteer Management Information System (VMIS) is an online tool providing a real-time snapshot of volunteer opportunities.

VMIS is a platform that allows organizations on Joint Base San Antonio to share their volunteer openings.

VMIS helps volunteers to manage their volunteer service record, trainings, certificates and track their hours.

Need help registering?

Contact us today to learn about our upcoming VMIS Classes.



TELL US HOW WE'RE DOING AT THE MILITARY & FAMILY READINESS CENTERS



Fort Sam Houston



Lackland



Randolph



COMMANDER'S KEY SUPPORT PROGRAM

The Commander's Key Support Program (CKSP) is a unit readiness program that strengthens family support and connectedness, especially during deployments and PCS moves. Through trained volunteers, the program provides information, resources, and referrals to help families stay informed and resilient. CKSP fosters community, promotes partnerships with support agencies, and ensures Air and Space Force families feel empowered and connected.

CKSP Immersion & Mentor Training	
FSH By Appointment	RND • Sept. 16 9 a.m. to Noon (Virtual)
CKSL Continuing Education	CKSL SAPR Training
LAK • Sept. 15 1-3 p.m. (Virtual)	LAK • Aug. 11 9-10 a.m. (Virtual)



Initial training is required for all newly appointed Key Support Liaisons (KSLs) and Key Support Mentors (KSMs), can be completed virtually or in person at the Military & Family Readiness Center (M&FRC) when available. This training consists of five standardized modules and takes approximately three hours. KSLs and KSMs cannot serve in an official capacity until all required training is completed.

Before initiating virtual training KSLs/KSMs must coordinate with their Commander and the M&FRC, ensuring an official appointment letter is on file with both the M&FRC and the KSL's/KSM's unit.

How do we access the virtual Initial Key Support Training?
 There is a link on the AFPC CKSP page, or you can scan the QR code directly. Create an account if you do not already have one. Once logged in, click on Course Catalog. Search : Department of the Air Force Key Support Liaison Initial Training.
<https://www.militaryonesource.mil/resources/training/air-force-key-support-program/>

CKSP Quarterly Training | Available for KLSs/ KSMs, these sessions are focused on providing additional education/ networking opportunities for the CKSP team. Offered quarterly or as requested by unit leadership.

CKSP Immersion Training | KSL/KSM who complete the initial training virtually are required to complete an immersion training. KSL/KSMs who move due to a permanent change of station (PCS) are not required to re-accomplish Initial Training however, they must complete an immersion training. This training provides essential installation-specific information and a brief refresher on Initial Training, ensuring KSLs/KSMs are well-prepared for their roles.

CKSP SAPR | SAPR training is mandatory for individuals appointed as Key Support Liaisons (KSLs) and Key Support Mentors (KSMs) within the Commander's Key Support Program (CKSP). This training provides the CKSL information regarding sexual assault and reporting procedures.



JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705; 802fss.fsysr.centerbox@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Resiliency Days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center

3931 Okubo Barracks, Bldg. 3639

(210) 916-7322 or 916-6089; 802fss.fsysr.tap@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212

(210) 671-3722; 802fss.fsysr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Resiliency Days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214

(210) 671-5406

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Resiliency Days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693

(210) 652-5321; randolphmfr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Resiliency Days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



facebook.com/mfrcjbsa

